



Click hyperlinks to navigate this week's content:

- [General Announcements](#)
- [Upcoming Events](#)
- [Thesis Defenses](#)
- [Program Announcements](#)
- [Career Development](#)
- [Student Groups & Social Announcements](#)

GENERAL ANNOUNCEMENTS

Office of the Ombuds – Arrange a Consultation

This is a reminder that a representative of the Office of the Ombuds is available to meet on site at PSOM. Marcia Martinez-Helfman, JD, MSW, Associate Ombuds, holds office hours on **Mondays, 3:30-6:00pm, in 205 CRB.**

The Office of the Ombuds is a confidential, off the record resource for faculty, staff and students. Their purpose is to assist with the management of conflict, resolution of disputes, and problem solving in relation to obstacles to one's full and successful participation as a member of the Penn community. See the full flyer [here](#).

Individuals are encouraged to schedule meetings in advance [here](#) or by calling 215.898.8261. Drop-ins may find that a scheduled session is already in progress.

Onsite CAPS Counselor for BGS Students

Tiffany Brown, PhD, psychologist at CAPS, will host weekly, on-site meetings with BGS students on **Wednesdays from 3-7 PM in Smilow Conference Room 1-103**. Smilow 1-103 is located in the hallway south of Rubenstein Auditorium.

Dr. Brown's services are confidential. She will work with BGS students to provide initial consultation, support, brief counseling, and referral services.

In order to set up an appointment with Dr. Brown, you may call CAPS at 215-898-7021 or email her directly at nicobr@upenn.edu.

JBS 2020 Student Leadership Awards – Nominations Open

The JBS Graduate Student Leadership Award recognizes a University of Pennsylvania graduate student who has had an impact on the diverse community at Penn. Learn more about the criteria [here](#).

Faculty/staff can submit a nomination through this [link](#). The student form can be found [here](#). In order to complete the nomination, the nominee must accept the nomination through the student form by **Sunday, February 16, 2020 at Midnight ET**. In order to be eligible for the awards, all winners must attend the James Brister Society's 25th Annual Student and Faculty Leadership Awards Reception on Friday, March 27, 2020 from 5:00pm to 8:00pm at the Jordan Medical Education Center.

Please contact Marvin Rocha at 215-898-6168 or email at marvin@upenn.edu with any questions

HTRS Student Research Award Applications Now Open

Applications are now open for the **2020 HTRS Student Research Awards (SRA)**, an 8- to 10-week program for medical, PhD, MD/PhD, or PharmD students working on targeted research projects in hemostasis and thrombosis. Proposed projects may be lab-based, clinical or epidemiologic in design. The program includes a \$5,000 award stipend plus a \$2,000 travel allowance, collaboration with a research mentor, and a presentation at a 2021 professional meeting. Applications are now open. **The application deadline is March 2, 2020**. Up to three fellowships will be awarded. For more details, see the [Request for Applications](#).

To apply, please visit <https://htrs.smapply.org>.

ITMAT Education – TL1/T32 Slots Available for Certificate in Regulatory Science

Deadline: March 6, 2020

ITMAT Education's Certificate in Regulatory Science provides PhD students with training to build upon their scientific expertise and prepares them to understand regulatory strategy, the execution of clinical trials, and approaches to translate early discoveries and preclinical investigations into therapeutics. This program is designed for PhD students who wish to pursue regulatory science careers in academia, the pharmaceutical & biotechnology industry, consulting and legal industries, and federal agencies.

The certificate includes a one-year engagement in a regulatory science research project (a new research project or as an additional aim to research currently being conducted) and four courses. TL1 appointees will receive one year of funding including a stipend per NIH policy and tuition funding to cover the cost of the certificate. <http://www.itmat.upenn.edu/CertificateinRegulatoryScience.html>

Contact Rachel McGarrigle, MEd, rmcg@upenn.edu or Andrew Fesnak, MD, MHCI, fesnak@penncare.upenn.edu to learn more.

Please note – students interested in a certificate program should review 'Policies Governing Participation of BGS Students in Certificate Programs.' Authorization is required through the form, 'Authorization to Participate in a Certificate Program.' [Both forms are available here.](#)

UPCOMING EVENTS

Penn Women in STEM Research Symposium

Tuesday, February 11th, 2020

Lynch Lecture Hall, Chemistry Complex

Attend for a day of great science, including networking opportunities with STEM departments across campus, scientific presentations, and an inspiring **keynote from Professor Jen Heemstra, from Emory University and C&EN Magazine!** The symposium will provide free lunch for all participants, plenty of coffee throughout the day, and a reception to close.

For details and to register, visit: <https://women.chem.upenn.edu/events/penn-women-in-stem-symposium-2020/>

This symposium is sponsored by: Novartis, Bristol-Myers Squibb, Women in Chemistry, Advancing Women in Engineering, Penn Graduate Women in Science & Engineering, Diversity & Inclusion in Physics, Campaign for Community, Community Impact Fund, SASgov, and GAPSA.

Green Labs Open Working Group Meeting

**Wednesday, February 12 at 11am
CRB 302**

Please come to our quarterly lecture and discussion on how to make our labs more sustainable! Our focus this year will be on our "Too Cool for School" campaign to make freezers more efficient, which will save TONS of coal-burning energy / pollution. (Spoiler: keep your freezers at -70 & -20).

This meeting is open to everyone working in a lab who genuinely wants to work on sustainability, and is especially good for lab managers and PIs.

Please RSVP to Elicia at eliciap@PennMedicine.upenn.edu to get a head count for catering. Please bring a container to eat the lunch we are providing for you. (There will absolutely be zero disposable dishes nor utensils available.)

If you can't make it to the meeting, please email Elicia to get your name onto the Green Labs email list.

THESIS DEFENSES

Feb. 12, 10 AM (Reunion Auditorium, JMB): **Sean Ryan (CAMB), "Neuroinflammation and EIF2 signaling persist despite antiretroviral treatment in an HiPSC tri-culture model of HIV infection in the brain."** Contact [Meagan Schofer](#).

PROGRAM ANNOUNCEMENTS

CAMB

Feb. 13, 12 – 1 PM: **GTV Trainee Seminar: Max Chappell (Rivella lab) and McKensie Collins (Melenhorst lab) presenting.** Contact [Anna Kline](#).

Feb. 13, 12 – 1 PM (4054 Colket): **CAMB Vice Chair Craig Bassing Office Hours.** Contact [Craig Bassing](#).

Feb. 14, 12:15 – 1:30 PM: **CPM Research in Progress Seminar: Informational Session.** Contact [Kathy O'Connor-Cooley](#).

NGG

ANNOUNCEMENT

- **New!** Final recruitment weekend is coming up - dates are Thur (02/13), Fri (02/14), and Sat (02/15)! Thanks to everyone who is helping out with recruitment! Please keep an eye for all the events you can socialize with the new applicants.
- **New!** Check out this week's PennNeuroKnow article [How "little brains" may help us treat brain cancer](#) by Claudia Lopez-Lloreda. Developing organoids from a patient's brain tumor may help to understand how to treat them.
- Use the new [GFAP form](#) when making purchases and asking for reimbursements.

EVENTS THIS WEEK

02/10 5:30pm – 7:30pm (Barchi) - NGG Prelim Advice Panel

02/11 5:30pm – 7:30pm (Barchi) - Winter GLIA Meeting

02/12 4:00 – 5:00pm (Barchi) - MINS Seminar with Lisa Monteggia

02/13 – 02/15 - NGG Recruitment

FUTURE EVENTS

02/19 4:00pm – 5:00pm (Barchi) - MINS Seminar with Quan Yuan

02/20 5:30pm – 6:30pm (Barchi) - NGG Trivia Night

02/21 5:30pm – 6:30pm (TBD) - Chalk Talk ft. Lyles Clark

CAREER DEVELOPMENT

NEW! Improv for Scientists

Do you want to improve your science communication skills? Do you wish you had the confidence to ask questions in a crowded seminar or at a conference? Do you want to become a better networker?

FREE BGS Improv Workshop (6 sessions)

Wednesdays Feb 19th - Mar 25th 5:30-7:30PM

Room 425 Van Pelt-Dietrich Library Center

This course offers a supportive and fun environment to:

- Learn improv techniques
- Improve communication skills
- Facilitate teamwork
- Problem solve
- Alleviate worry about making mistakes
- Practice thinking on your feet

See the full class syllabus and flyer [here](#). Sign up at the following link:

<https://forms.gle/Z7cMXtvPvqH1cHDv5>

Space is limited, so make sure to sign up soon!

New Program for Students: Level Up

Want to share the joy of robotics or sewing? Have a foolproof method for research poster design? Want to introduce others to R or animation? Apply to be a workshop leader.

Level Up student workshop leaders teach other students how do something they are skilled at in one of three tracks:

- Design and Digital Media (e.g. animation, research posters, podcasting, branding, palette design)
- Making (e.g. robots, games, apps, buttons, sewing, 3D modeling)
- Research Tools and Technology (e.g. archival photography, visualizations, R, Excel, Zotero)

Library staff will provide students with all the necessary support for a successful workshop — training, promotion, workshop space, and pay for the time preparing and conducting the workshop. All you need to start with is a great idea! For more information, go to:

guides.library.upenn.edu/levelup.

EVENTS THIS WEEK

Feb. 12, 12 - 2 PM (Richards Building, Seminar Room B102B): **Walk-in Wednesday with Penn Career Services!** These 15-minute sessions are great for reviews of your application materials (for academic jobs or industry career options), quick questions about networking, job searching, career exploration, or any other career-related question. See flyer [here](#).

FUTURE EVENTS

Feb. 24, 3:30 – 5 PM (Smilow 12-146 AB): **The Attractions of a Career in Academic Bench Science.** This event is part of the [BGS Career Development series](#). *Have you mostly heard about 'alternatives' to a career at the bench? Does carrying out research, writing grants and manuscripts, and supervising others appear overwhelming? Are there secrets to being an academic scientist while balancing family life and managing well-being? How much fun is life in academia, really?* Hear positive perspectives on academia from **Doctors Faye Mourkioti, Assistant Professor, and Ken Zaret, Professor**. Light refreshments will be served! RSVP: <https://forms.gle/7A5wLUXh8CET15NT9>

CALENDAR

[Career Development](#)

RESOURCES

[BGS Career Development Site](#)

[BGS Career Twitter](#)

[BGS Alumni & Current Students LinkedIn](#)

[Penn Career Services - Ph.D./Postdoc Careers Page](#)

[Handshake](#)

[Request a sponsored Membership to the New York Academy of Sciences](#)

STUDENT GROUPS & SOCIAL ANNOUNCEMENTS

Call for Donations – Recycle Styrofoam Boxes for Cat Shelters!

BGS students have partnered with Project Meow to collect styrofoam boxes, to be recycled as winter shelters for Philadelphia's stray cat population. Project Meow is collecting till late spring. Please contact Sharon ([484 437-4501](tel:484-437-4501)) to pick up from you. You will need bring the boxes outside, since she does not have building access. She will be waiting outside in the car.

See flyer [here](#).

EVENTS THIS WEEK

Feb. 11, 5 – 7 PM (ARCH Building 108): **Penn Grad Center, “Speed Friending.”** Can you make a new BFF in just five minutes? Speed- Friending is a low pressure way to meet new graduate & professional students at Penn that you might not otherwise. Take a chance, learn interesting things about people, and enjoy the company of your Penn community! Light refreshments and two drink tickets will be provided. Learn more & sign up at gsc.upenn.edu/events

Feb. 12, 3 PM (Smilow 8-146): **SACNAS Academic Development Seminar**, featuring Dr. Jen Heemstra, Associate Professor in Chemistry at Emory University. Dr. Heemstra is a Science Communicator and Writer for *Chemical and Engineering News* (C&EN). See flyer [here](#).

FUTURE EVENTS

Mar. 4, 11:45 AM (Houston Hall 236): **BGSA presents, “Mindful Strategies for Stress Reduction Workshop.”** Are you stressed with upcoming candidacy exams or grad school? Come and learn about strategies for managing stress while enjoying food from HipCityVeg! See flyer [here](#).

RESOURCES

[Request a sponsored Membership to the New York Academy of Sciences](#)

[Slack for BGS Students](#)

[BGSA Website](#)

[Calendar of BGSA Events](#)

[Grad Center at Penn](#)

[Family Center at Penn](#)

[Book Penn Rooms](#)

[The Community Impact Fund](#)

[Penn Today Events](#)

[Ask Isaac: Your Personal IS Guru](#)

For information about upcoming events or to advertise in next week's bulletin, contact [Rebecca Lopez](#).